



# Nuachtlitir Scoil Bhríde

Uimhir 6 Jan 2020 / Eanáir 2020

**Fáilte ar ais! Athbhliain faoi mhaise daoibh go léir Welcome back to everyone and we wish you all a very happy 2020!**

## Notaí Pobail Scoile/School Community Notes

**Gratitude month**—all classes will have Gratitude homework as part of the MindUp Programme. Each evening pupils are encouraged to write down three good things from their day, whether big or small, discussing those things with their family and class. Practicing gratitude regularly has been shown to increase positive emotions and improve well-being. Gratitude jars are a fun, hands-on way for families to practice gratitude. In this activity, each family can create a special jar for saving gratitude statements at the end of each day/week.

**Catholic Schools Week/Seachtain na Scoileanna Caitliceacha** Catholic Schools Week 2020 will be celebrated from Sunday 26 January to Sunday 2 February 2020 on the theme 'Living in Harmony With God's Creation'.

**Léamhatón/Readathon** - Our annual Readathon will take place for the month of February and the first week of March. Each child will have a Readathon sheet on which they record the books that they read at home and at school. There will be a prize for a child from each class who made the best effort at their reading for the month.

**Food Dudes** Food Dudes is an award winning healthy eating programme, developed to encourage children to eat more fresh fruit and vegetables. It is based on repeated tastings of fresh fruit and vegetables, rewards and positive role models. We will be running the programme during January and February. A permission letter and information was sent home this week. We are focusing on healthy and mindful eating in the classroom over the next 6 weeks.

## Bord Bainistaíochta/ Board of Management

The staff of Scoil Bhríde would like to thank P.J. Callanan for his support and work as manager in Scoil Bhríde over the last number of months.

Scoil Bhríde would like to welcome our newly appointed Chairperson Patricia Coleman.

We wish Patricia Coleman well in her new role and appreciate her joining us. We look forward to her input and expertise in assisting us with the next chapter and our projects, which lay ahead of us here in Scoil Bhríde.

**Dátaí ag Teacht Aníos**

**Eanáir/January**  
**Buíochas/Gratitude month** Gratitude homework all month

**Clár Bia Sláintiúil/Healthy Eating month**—20/1/2020 Food Dudes starting and continuing into February

**Cearlann Barnardos / Barnardos Internet Safety Talk** 22/1/2019  
in classrooms R3-6

**Cearlann Barnardos /Barnardos Internet safety talk Parents evening** 22/1/2020 7:00pm at school

**Seachtain na Scoileanna Caitliceacha /Catholic Schools Week** 27/1/2020-2/2/2020

**Cros Bhríde/ Grandparents Day** 29/1/2020

**Feabhra/February Léamhatón/Readathon** All month

**Brise Lár Tearma/ Mid-term Break** 17/2/2020-21/2/2020

**Aonach na Leabhar / Book Fair** 4/2/2020 For One Week only

# Clarú / Registration for 2020/2021

Tá sé fíor-thábhachtach má tá sé i gceist agat nó aon duine den chlann, do leanbh a chuir chuig Bóin Dé nó Scoil Bhríde clarú linn chomh luath agus is féidir.

It is very important to register your child if you or a family member wish to send their child to Bóin Dé or Scoil Bhríde this coming September. Registration forms are available in the front office. We would be very grateful if you would inform any family living near you, who has an interest in sending their child to Scoil Bhríde next year, to contact the school.

## Catholic Schools Wk/S. Scoileanna Caitleacha

*Mar chuid don teachtain Scoileanna Caitleacha, beidh ceardlann crossóga Bhríde as siúl i seomra rang 5 & 6 i rith an lae ar an 29/01/2020. Tá fáilte roimh tuistmíthoírí agus seantuismitheoirí teacht isteach cabhrú leis an gceardlann. Tae agus brioscaí ar fáil ar an lá. Má féidir luachair a tabhairt ar scoil freisin le bhur dtoil.*

In what has become an annual event we will be running our annual St. Brigid's cross workshop on Wednesday 29/1/2020 of January as part of the annual Grandparents day during Catholic Schools Week The theme of which is Living in Harmony With God's Creation. Parents and Grandparents are invited to come into school to take part in the workshop with Rang 5 & 6 who will be making crosses. Refreshments are available on the day. Please send rushes into school from the Monday onwards.

<b>Rang 5&amp;6</b>	9:30-10:00
<b>Naí Bheaga</b>	10:00-10:30
<b>Naí Mhóra</b>	10:30-11:00
<b>Rang 1</b>	11:30-12:00
<b>Rang 2</b>	12:00-12:30
<b>Rang 3</b>	12:30-13:00
<b>Rang 4/5</b>	13:30-14:00

## Ceardlann Barnardos / Barnardos Workshop

  
**Barnardos**

Because childhood lasts a lifetime

communication between children and adults on online safety.

Barnardos is an organisation whose mission it is to help transform children's lives through our services; support parents; and challenge society in providing better supports for children and their families. Barnardos provides interactive workshops for children and young people, teachers and parents on internet safety and cyberbullying. The suite of workshops seeks to promote ongoing

Barnardos Online Safety Programme for parents has been developed based on research, current thinking and best practice in relation to promoting online safety among children.

The aim of the workshop is to offer parents an opportunity to consider how they can increase their child's online safety and respond to any instances of negative online behaviour. The Parents workshop is on the 22nd of January at 7pm and finishes at 8pm. We urge at least one parent from each family to avail of the chance to take part in the workshop.

## Páidir / A Prayer

God gave us the earth and the earth gives us many gifts which help us to live. It gives us water, food and energy. It gives us so much to help us care for ourselves, but we need to think about how we can care for the earth. We can try to use only what we need and try to live our lives in ways that help the earth. We can do this by recycling, wasting less water and caring for plants and animals. The care we give the earth shows God how much we love him and the beautiful home he has given us.

# Léitheoireacht / Reading Tips

Seo cúpla leideanna chun cabhrú leis an léitheoireacht sa bhaile.

Here are some reading tips to coincide with our Léamhaton!

- **What's "Just Right"?** Children feel confident and competent when they read books that are "just right." But how do you find a "just right" book? Have your child read the back and front cover, and the first page of the book. If there are more than five words that he cannot pronounce or understand in context, the book may be too challenging. Be supportive about finding a more perfect fit. Choosing the right book will help your little reader feel successful. This is especially important for developing **comprehension skills**, they might be able to read a word but do they understand the word in context and the meaning of the sentence/paragraph??

- **Card Tricks.** Do you think effective reading only takes place at libraries and bookstores? Think again! There are reading opportunities everywhere. Go to a bookshop with your child and read the greeting cards together. Later, vote for the ones whose words convey the best birthday wish or just thinking of you sentiment.

- **Picture This!** During your next outing or gathering, take action-packed photos, then have your child create captions to go with each picture. Assemble the pictures and captions in a picture book or album or a copy, and add speech and thought bubbles to create a personalised graphic novel.

- **Last Comic Standing.** Take time to read and enjoy comic strips together. Share favorites from your own childhood and have your child put their favorites on the fridge. Read them aloud, and often—repetition is a great way to build reading skills.

- **Library!** Go to the library! The books are free and plentiful there. All the genres are catered for. You don't even have to take a book out but visit regularly to choose a book to read together there and then!

- **Monkey See, Monkey Do** as the old saying goes. If our children see us reading then they will see this as a natural part of routine. Maybe you are not a fan of books?? No matter, read a newspaper, magazine, a journal, a word puzzle book.

## Cuairteoirí ón t-Sín/Chinese Visitors

**Bhí seachtain iontach ag Rang a 3 le deanaí mar bhí cuairteoirí acu sa rang ón t-Sín.**

This month Rang 3 had the opportunity to share their classroom, culture, languages and interests with pupils from Zibo in China. Zibo is in central Shandong province, China with a population of 4,530,597 people.

We had 8 pupils in our class. While they were quite shy at first they interacted straight away with the Rang 3 pupils. During the week we showed them how to play the tin whistle, some Irish dancing, gaelic football, hurling and some Irish history. There were another set of pupils in Claregalway Secondary school who were experiencing life there. For many of the pupils they did some subjects such as tech drawing for the first time.

We were lucky to have Miguel's mum (Rang 5) Deirdre who arranged a tour for us in Claregalway Castle, we were lucky enough to get into the stone carving workshop and see how the castle is being restored using ancient techniques. We also had the luck of visiting a snail farm called Exclusive Escargot. Farmer Stephen raises and sells on snails to many different countries around the world. While snails are cute—we would not and could not imagine eating any! Maybe our tastes will change when we are older.

Jessie one of the Chinese teachers taught us about the history of China and she showed us the ancient art of paper cutting. It is a very delicate job.

On their last day we gave them a sample of Irish food such as colcannon, potato cakes, black and white pudding and Tayto Sandwiches.

Harry and Freya were interviewed on Galway Bay FM by Keith Finnegan along with some Chinese students and students from Claregalway. They spoke so well, we are very proud of them. Harry later volunteered to be interviewed by TG4, so check out the podcast and watch out for our appearance on telly!